Starting your Brownie Mix

A Guide to your first 4 Brownie Troop Meetings

Meeting 1:

Pre - Activity – Have name tags for each girl and parent. Ask them to write their name and to feel free to decorate it so that it represents them in any way that they choose. Give parents copies of What Brownies Do and the Brownie Uniform.

- Materials Needed: Name tags and colors and/or markers, handouts (see packet)

Opening - Form circle, introduce promise and then say the promise together.

- Materials Needed: A copy of the Promise (see packet)

Ice Breaker – Each girl will say her name and say one thing that they like to do. (This is a nice way to get some ideas for brainstorming later when setting up the calendar for the year, so that you can include some of the activities the girls have already stated that they like to do.)

- Materials Needed: Paper and pen to record ideas; ask a parent to help with this

Activities – Put out the Brownie Finger Puppets and ask the girls to pick one that they like. Help the girls decide what puppet will say each line of the Girl Scout Law. Parents may help to read each line of the GS Law. Then give each girl one coloring page and let them color it, while you are meeting with parents.

- Materials Needed: Colors, finger puppets, scissors, two-sided tape and Coloring Pages (see packet)

Meet with Parents and use this time to discuss and make sure that each girl has registered online and encourage parents to also register. Fill-out the forms you will need for the girls in the troop: Girl Annual Permission Form, Girl Release Form, Health History Record, Medication Permission Form if needed, Troop Volunteer checklist and Expectations for Girls and Adults.

(https://www.girlscoutsccc.org/get-involved/Volunteer-Resources/Pages/Forms.aspx)

….or you may find them in your New Leader Packet that you received in your Face to Face Meeting. This may also be a good time to discuss troop dues, as the troop will already have costs for the supplies and snacks for today’s first meeting.

- Materials Needed: Copies of Forms
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Meeting 2:

Pre-Activity – Have girls decorate a promise hand (Have each girl trace her hand, each finger represents one part of the promise)

- Materials Needed: Colors and/or markers, paper

Opening - Form circle, introduce promise and then say the promise together.

- Materials Needed: Promise Hand

Ice Breaker – Each girl will say her name and say one thing that they like about another girl in the group. It could be something she is wearing, a characteristic, whatever the Daisy chooses.

- Materials Needed: None

Activities – Hand out the Brownie Finger Puppets in order, you do not have to give the puppet to the girl that colored it, and help the girls to say that part of the law. The girls can then take turns telling about the finger puppet they shoes last week and whoever has it should hold it up high for all to see.

- Materials Needed: Pictures from last week.

Teach the girls the movements for each part of the law

- Materials Needed: Copies of Law with Movements (see packet)

Human Knot

The girls form a circle. Each girl reaches her one hand into the middle of the circle and holds a random hand. Once everyone has a hand in the circle they reach their other hand into the middle and get a hand. Without letting go of the hands try to untie the knot to make a circle. By having girls go under arms or over arms the knot will come untied. This game takes lots of team work and patience.

- Materials Needed: None
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Meeting 3:

Pre-Activity – Have girls draw a picture of their selves

- Materials Needed: Colors and/or markers, and paper

Opening - Form circle, introduce promise and then say the promise together.

Materials Needed: Copy of the promise if needed (see packet)

Ice Breaker – Balloon Volleyball: Have the girls sit in a circle and then throw in a balloon that they will try to keep in the air and not let it hit the ground as they hit it to one another.

- Materials Needed: 1 balloon

Activities – Do the Girl Scout Law using the movements introduced to the girls last week.

- Materials Needed: Copy of Law with Movements (see packet)

Bunny Copters – See packet

- Materials Needed: Paper copter mold pre-cut (ask a parent to bring this ready for the meeting), paperclips (see packet)

Discover Kaper Charts – Kaper Charts are a grid system, wheel, or table showing the job assigned to each girl or group of girls for any given project. It is useful for meetings, campouts, and special events.

Brainstorm with the girls what jobs they can help with during the troop meeting and how they can take turns doing the different jobs. Jobs may include: passing out materials, greeting girls as they arrive, picking up materials, leading the promise, leading the law, helping with the snack, take attendance, etc.

- Materials Needed: Place to write ideas and marker. (Ask a parent to make the Kaper based on the girl’s ideas for the following week)
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Meeting 4: Jump Into Journeys

Now that you have worked through 3 meetings, it's your turn to set-up your meeting. Use the Jump Into Journey Guide as the base for your meeting.


By the end of your troop meeting, your Daisies will have chosen their journey and you will be ready to go to your Service Unit and ask for the Journey that they have decided to do. Look over the enclosed materials for further FAQ's that will be useful for you as your troop becomes a part of the GSCCC Daisy Chain.

Pre- Activity – 

- Materials Needed:

Opening –

- Materials Needed:

Ice Breaker –

- Materials Needed:

Activities –

- Materials Needed:

Snack:

Clean-up - Invite the girls to help clean and leave the space better than when they arrived. (Separate recycle and garbage if possible)

Wrap-up -

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